

**IMPORTANT MEDICAL INFORMATION - COVISION FRACTURE FIXATION DEVICES- CABLE:**

**DESCRIPTION**

Cable devices are used only as an aid to bone healing for adults; they are not a substitute for normal intact tissue or bone. The component material is provided on the implants and labels. Use only components made from the same material together. Do not mix dissimilar metals or components from different manufacturer. *All implantable devices are designed for single use only.* This Fracture fixation devices are not approved for fixation to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.

Through the advancement of surgical fusion hardware, the surgeon has been provided a means of correcting deformity and reducing pain for many patients. While the implants used are largely successful in attaining these goals, it must be recognized that they are manufactured from metal, and that no implant can be expected to withstand the activity levels and loads as would normal, healthy bone after fusion occurs. The surgeon must evaluate each situation individually based on the patient's clinical presentation in making any decisions regarding implant selection.

**SURGICAL TECHNIQUE**

General surgical technique is applied, firstly bone fracture is reduced and Cable is wrapped to bone for fixation, the sleeve is crimped onto the cable, the sides of the sleeve are pressed in towards the cable.

Surgeons must be familiar with the applicable operative technique and instructions for use for each product. This package insert and immediate package label contain essential warnings and precautions for each surgery. Additionally the surgical technique should be referenced for detailed information about implant selection, relevant product details, proposed surgical instructions, and/or assembly use. The surgeon should contact Covision for the proposed product specific surgical technique.

In using fusion implants, the surgeon should be aware of the following:

- **The correct selection and sizing of the implant is extremely important.** Selection of the proper size, shape, and design of the implant increases the potential for success. The implants require careful seating and adequate bone support.
- **In selecting patients for surgery, the following factors can be critical to the eventual success of the procedure:**
  1. **Patient's occupation or activity.** If the patient is involved in an occupation or activity which includes substantial lifting or muscle strain, the resultant forces can cause failure of the fixation, the device, or both. The implant will not restore function to the level expected with normal healthy bone, and the patient should not have unrealistic functional expectations.
  2. **Condition of senility, mental illness, or alcoholism.** These conditions, among others, may cause the patient to ignore certain necessary limitations and precautions in the use of the implant, leading to failure or other complications.
  3. **Foreign body sensitivity.** Where material sensitivity is suspected, appropriate tests should be made prior to material selection or implantation.

**INDICATIONS**

Cable is indicated for general orthopedic repairs and internal fixation of bone fractures, this includes such procedures as long bone fractures and reinforcement of bone and reattachments of bone. This device is not approved for fixation to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.

- Femur and Tibia Fractures: Fixation of spiral fractures in conjunction with I/M nailing techniques.,
- Prophylactic Banding: In conjunction with pressfit total hip replacement.
- Trochanteric Reattachment,
- Humerus Fractures,
- Patella Fractures,
- Ankle Fractures
- Sternum Fixation after open chest surgery

**CONTRAINDICATIONS:**

The physician's education, training and Professional judgment must be relied upon to choose the most appropriate device and treatment. Conditions presenting an increased risk of failure include:

- Any active or suspected latent infection or marked local inflammation in or about the affected area.
- Compromised vascularity that would inhibit adequate blood supply to the fracture or the operative site
- Bone stock compromised by disease, infection or prior implantation that can not provide adequate support and/or fixation of the devices
- Material sensitivity, documented or suspected.
- Obesity. An overweight or obese patient can produce loads on the implant that can lead to failure of the fixation of the device or to failure the device itself.
- Patients having inadequate tissue coverage over the operative site
- Implant utilization that would interfere with anatomical structures or physiological performance
- Any mental or neuromuscular disorder which would create an unacceptable risk of fixation failure or complications in postoperative care.
- Other medical or surgical conditions which would preclude the potential benefits of surgery.

**PATIENT SELECTION**

Use of surgical fusion hardware requires consideration of the following general indications:

- Good condition of the patient
- Good neurovascular status
- Adequate skin coverage
- Possibility of a functional musculotendinous system
- Adequate bone stock to receive implant
- Availability of post-operative therapy
- Cooperative patient

**POTENTIAL COMPLICATIONS AND ADVERSE REACTIONS**

In any surgical procedure, the potential for complications exists. The risks and complications with these implants include:

- Infection or painful, swollen or inflamed implant site
- Fracture of the implant
- Loosening or dislocation of the implant requiring revision surgery
- Bone resorption or over-production
- Allergic reaction(s) to implant material(s)
- Untoward histological responses possibly involving macrophages and/or fibroblasts
- Migration of particle wear debris possibly resulting in a bodily response
- Embolism

**PRECAUTIONS**

Following the instructions for use provided in product literature can minimize the potential for complications or adverse reactions with any implant.

It is the responsibility of each surgeon using implants to consider the clinical and medical status of each patient and to be knowledgeable about all aspects of implant procedure and the potential complications that may occur. The benefits derived from implant surgery may not meet the patient's expectations or may deteriorate with time, necessitating revision surgery to replace the implant or to carry out alternative procedures. Revision surgeries with implants are common. The patient's mental status must also be considered. Willingness and/or ability to follow post-operative instructions may also impact the surgical outcome. Surgeons must balance many considerations to achieve the best result in individual patients.

**IF EXCESSIVE LOADING CANNOT BE PREVENTED, AN IMPLANT SHOULD NOT BE USED.**

The main goal of surgery with this implant is to establish bony fusion. Abnormal or excessive forces could lead to delayed union, non-union, or failure of the implant.

Abnormal force loading and subsequent wear may be caused by:

- Uncorrected instability
- Improperly sized implant
- Inadequate soft tissue support
- Implant malposition
- Excessive motion
- Uncorrected or recurrent deformity
- Patient misuse or overactivity

Proper fixation at the time of surgery is critical to the success of the procedure. Bone stock must be adequate to support the device.

Some preventative measures to consider to minimize the potential for complications:

- Follow guidelines for indications and contraindications provided
- Identify prior pathology
- Stabilize collapse deformities
- Bone graft pre-existing cysts
- Use a properly sized implant

Avoid flawing implant surfaces or excessive bending to minimize the potential for early fatigue failure.

If complications develop, possible corrective procedures include:

- Implant removal
- Bone grafting of cysts
- Replacement of the implant

Over time, metallic implants may loosen, fracture, or cause pain after bone fracture or osteotomy is healed. Removal of metallic implants is at the surgeon's discretion, and the appropriateness of the selected procedure will be based on the surgeon's personal medical training and experience. It is imperative that adequate post-operative care and protection be provided by the surgeon.

#### Recommendations Regarding Device Fragments

1. Use medical devices in accordance with their labeled indications and the manufacturer's instructions for use, especially during insertion and removal.
2. Inspect devices **prior to use** for damage during shipment or storage or any out-of-box defects that might increase the likelihood of fragmentation during a procedure.
3. Inspect devices **immediately upon removal from the patient** for any signs of breakage or fragmentation.
4. If the device is damaged, retain it to assist with the manufacturer's analysis of the event.
5. Carefully consider and discuss with the patient (if possible) the risks and benefits of retrieving vs. leaving the fragment in the patient.
6. Advise the patient of the nature and safety of unretrieved device fragments including the following information:
  - a. The material composition of the fragment (if known);
  - b. The size of the fragment (if known);
  - c. The location of the fragment;
  - d. The potential mechanisms for injury, e.g., migration, infection;
  - e. Procedures or treatments that should be avoided such as MRI exams in the case of metallic fragments. This may help to reduce the possibility of a serious injury from the fragment.

Clinical results depend on surgeon and technique, pre-operative and post-operative care, the implant, patient pathology and daily activity. It is important that surgeons obtain appropriate informed consent and discuss the potential for complications with each patient prior to surgery. This may include a review of alternative, non-implant procedures such as soft tissue reconstruction or arthrodesis.

#### Concerning Magnetic Resonance Environments

The devices described in this package insert have not been evaluated for safety and compatibility in the MR environment. The devices described in this package insert have not been tested for heating or migration in the MR environment.

#### HANDLING AND STERILIZATION

This product is for single use only. An implant should never be re-sterilized after contact with body tissues or fluids. Devices labeled for single-use only should never be reused. Reuse of these devices may potentially result in serious patient harm. Examples of hazards related to the reuse of these devices include, but are not limited to: significant degradation in device performance, cross-infection, and contamination.

Implants provided non-sterile must be sterilized by a hospital validated steam autoclaving process in appropriate protective wrapping when necessary. If necessary Components must be cleaned prior to sterilization in compliance with hospital validated cleaning process or Cleaning equipment manufacturers' user instructions and recommendations for chemical detergent is required. All implants must be stored in a clean, dry environment and be protected from sunlight and extremes in temperature.

The following process parameters are validated by Covision and recommended for sterilization.

Steam Sterilization		
Cycle Type	Parameter	Minimum Set Point
Prevacuum 273°F (134°C)	Exposure Temperature	273°F (134°C)
	Exposure Time	4 minutes
	Dry Time	20 minutes

These recommendations have been developed and validated using specific equipment. Due to variations in environment and equipment, it must be demonstrated that these recommendations produce sterility in your environment.

#### DEFINITIONS:

Symbols and abbreviations may be used on the package label. The following table provides the definition of these symbols and abbreviations.

	Batch code		Date of manufacture		Consult Instruction For Use		Manufacturer
	Catalog number		contents packed without sterilization		Do not re-use		Do not Resterilize
	Authorized representative in the European Community						

**INFORMATION**

Should any incident occur with implantable device, call the phone number given below. For further information, please contact Customer Service Tel: +44 (0) 1909 733 737



Covision Medical Technologies Ltd.  
Lawn Rd., Carlton Industrial Park, Carlton In Lindrick, Worksop,  
Nottinghamshire S81 9LB England  
Tel No. +44 (0) 1909 733 737



Covision Medical Technologies (Ireland) Limited  
Harcourt Centre, Block 4, Harcourt Road,  
Dublin 2, D02 HW77, Ireland  
Tel:+353(0)1-477-3027  
E-mail: [cmtireland@covision-medical.co.uk](mailto:cmtireland@covision-medical.co.uk)